



ANNUAL
REPORT TO
MEMBERS
2025

Where hope takes root, possibilities grow

Index

Letter from the Chair on Behalf of the Board	Page 3
Meet Our New Executive Director—Mandie Abrams	Page 5
Members and Groups in Context: How HOPE Fits Together	Page 6
HOPE’s Purpose, Mission, Vision, Philosophy, & Values	Page 8
Strategic Objectives	Page 9
HOPE Organization Reporting Chart—Current	Page 10
HOPE Organization Reporting Chart—New, Effective July 21	Page 11
HOPE’s Integrated Federated Structure	Page 12
HOPE’s Place on the Support Group Continuum	Page 14
High-level Roadmap to Growing HOPE	Page 15
HOPE’s Flywheel Model	Page 16
2025 Annual General Meeting Agenda	Page 17
Minutes of the 2024 Annual General Meeting	Page 18
Annual Report From the Board	Page 21
Motion to Accept the 2025 Annual Report From the Board	Page 27
Financial Report – Treasurer’s Notes	Page 29
Independent Auditor’s Report	Page 31
Financial Statements	Page 34
Motion to Accept the 2025 Financial Report	Page 45
Motion to Appoint the Auditor for 2025	Page 46
Board Member Elections – Lynn Mahoney, Dr. Sonali A. Mohile	Page 47
Thank You to Our Generous Supporters!	Page 48

Letter From the Chair On Behalf of the Board

May 26, 2025

Dear HOPE Friend,

On behalf of the HOPE Board of Directors, I am pleased to share our 2025 Annual Report, highlighting HOPE's activities, achievements, and challenges since our last report.

This has been a pivotal year for HOPE, as we continued to advance our three mission-driven strategic objectives:

- Strengthen organizational sustainability
- Enhance the quality and consistency of the member experience, and
- Expand the number of families strengthened by HOPE

Our primary focus this year was on strengthening HOPE's organizational sustainability as we advance into an exciting new chapter, details of which can be found in the Board's Report to the Membership. The most significant milestone is the hiring of our first permanent, full-time Executive Director (ED). While the new ED will be formally introduced to members at this year's virtual Annual General Meeting (AGM), we invite you to read on for an early introduction to this familiar face — and to see all she brings to this exciting next chapter for HOPE.

This milestone marks the culmination of 17 years of hard-earned progress — years defined by the profound rewards of making a difference in people's lives, persistence through challenges, growth and adaptation through experience, and resilience in the face of setbacks. It reflects steady growth grounded in governance excellence, streamlined organizational and group practices, and programming and materials validated through external academic review. Throughout it all, the member experience has remained at the centre, guiding our efforts and shaping our path forward.

None of this would have been possible without our remarkable members, dedicated volunteers, and generous donors. As we always say, you put the hope in HOPE.

At this time of reflection, I also extend my sincere appreciation to the HOPE Board of Directors: Allan, Alison, Danny, Jaha, Jerry, Lynn, Monika, Nancy, Sonali, and Steven. Your diligent oversight and wise counsel — both at the

board table and beyond — have been essential. I especially want to recognize Nancy Abbey, whose five years of board service conclude at the close of this year's AGM. We are grateful that Nancy will continue to advise HOPE on government relations and related matters.

We are also grateful to HOPE's Finance Committee for their diligence and stewardship. Led by HOPE's Treasurer, Alison Williams, the committee is also comprised of Danny Tam and Michael Zhukovsky.

A special acknowledgement goes out to our volunteer academic advisor, Dr. Abby Goldstein, Associate Chair of the Department of Applied Psychology and Human Development at the Ontario Institute for Studies in Education, and the Canada Research Chair in the Psychology of Emerging Adulthood.

Finally, a heartfelt thank you also goes to David and Mary who are our all-important pre-orientation leads, and our diligent and caring Registrar, Carol — your dedication is invaluable and deeply appreciated.

We look forward to seeing you at the virtual AGM on June 16. Until then, take care.



Leanne Page Lewis
HOPE Board Chair and Interim Executive Director

Meet Our New Executive Director Mandie Abrams



Mandie Abrams is a seasoned executive leader with 25 years of experience in the non-profit sector, both in Canada and internationally. For the past decade, she served as Executive Director of an award-winning workforce development organization, where she led significant organizational growth, built strategic partnerships, and developed innovative, community-driven programs.

Her areas of expertise include community development, program design, organizational policy, capacity building, training and facilitation, and funder development. Mandie is widely recognized for her strategic vision, collaborative leadership style, and her ability to design responsive programs that address the evolving needs of diverse communities. Her career includes impactful roles with organizations such as the Hospitality Workers Training Centre, Habitat for Humanity International, the Edmonton Chamber of Voluntary Organizations, and the Government of the Northwest Territories.

Mandie holds a Master's degree in Public Administration from Rutgers University and has completed advanced studies in business intelligence and strategic leadership at the Schulich School of Business. She has been a member of HOPE's Virtual Thursday group for the past four years.

The Board is thrilled to welcome Mandie to this new role and looks forward to all that her experience, leadership, and connection to HOPE's mission will bring to the community.

Members and Groups in Context: How HOPE Fits Together

At HOPE, everything we do comes back to creating the best possible experience for our members. While things like operations, governance practices, and organizational structure might seem a step removed from the day-to-day experience of members and volunteers, they are carefully designed to strengthen and sustain that experience — not just today, but for the long term.

It's natural that members feel a strong connection to their local groups — that's where the heart of the HOPE experience happens. But it's worth taking a moment to see how groups fit into the bigger picture. Each group's experience is closely tied to HOPE's overall reputation and the way we operate behind the scenes.

HOPE is structured as an integrated federated organization. In practical terms, that means HOPE Central and HOPE community groups form one unified entity — legally and publicly, we are one organization. HOPE Central takes on the operational and administrative work that keeps things running: developing and distributing evidence-informed materials, managing memberships, overseeing finances, handling government reporting and insurance, coordinating fundraising, building community relationships, and organizing special HOPE events and webinars. These are the kinds of responsibilities that would be challenging — and often unsustainable — for individual groups to take on alone.

Our structure is intentionally designed to keep administrative work as light as possible for staff and volunteers alike, freeing up more time and energy for what matters most: supporting members, expanding our reach to more parents in need, and strengthening HOPE's sustainability. HOPE Central also creates spaces for groups and members to share ideas and learn from one another, helping to ensure a consistently high-quality and evolving member experience — and letting groups stay focused on their core purpose: peer support.

As you read through this Annual Report, you'll see detailed examples of how HOPE Central's work supports our groups and members — and how, together, we're building a stronger HOPE for the future.

Up Next: A Snapshot

The next few slides provide a brief snapshot for context before we dive into the rest of the annual report.

- **HOPE's Mission, Vision, Philosophy, and Values** — the beliefs and principles that guide everything we do
- **Our three strategic objectives** — the key goals driving HOPE's work today and into the future
- **Our integrated federated model** — what it is and how groups fit within HOPE's overall structure
- **HOPE's place on the peer support spectrum** — how our approach compares to other peer support group models
- **Our current all-volunteer organization chart** — how HOPE operates today
- **A look ahead at our updated organization chart (effective July 21)** — showing which activities will be staff-led and which will remain volunteer-led
- **Our flywheel model** — building self-reinforcing momentum for HOPE's long-term sustainability

We invite you to dive into the next few slides and learn more.



The following Mission, Vision, Philosophy and Values Statements constitute the purposes of HOPE, which are implemented through the organization's By-Laws, Policies and other directions approved by the HOPE Board of Directors and/or by HOPE members at HOPE's Annual General Meeting. All members of HOPE are required to participate in furthering HOPE's purposes along with following HOPE's Privacy Policy and Code of Conduct.

Mission:

We are a community-based, parent-run, non-profit organization that offers hope, encouragement, resources, and education in a safe, confidential and supportive environment to parents who are troubled by the behaviours of their teen or adult children.

Vision:

To build a network of locally-based HOPE groups that are recognised and respected sources of support for parents and the community.

Philosophy:

At HOPE we believe that with knowledge, tools and support, parents who are troubled by the behaviours of their teen or adult children can gain the skills and strength to change their family dynamics.

Values:

These are the values that govern our actions as HOPE members:

1. Each person has a right to be respected, accepted and treated with dignity.
2. People are resilient, resourceful and capable of change.
3. The only behaviour we can control is our own.
4. We participate at HOPE in the spirit of mutual service and support.
5. We are committed to continuous learning and improvement.

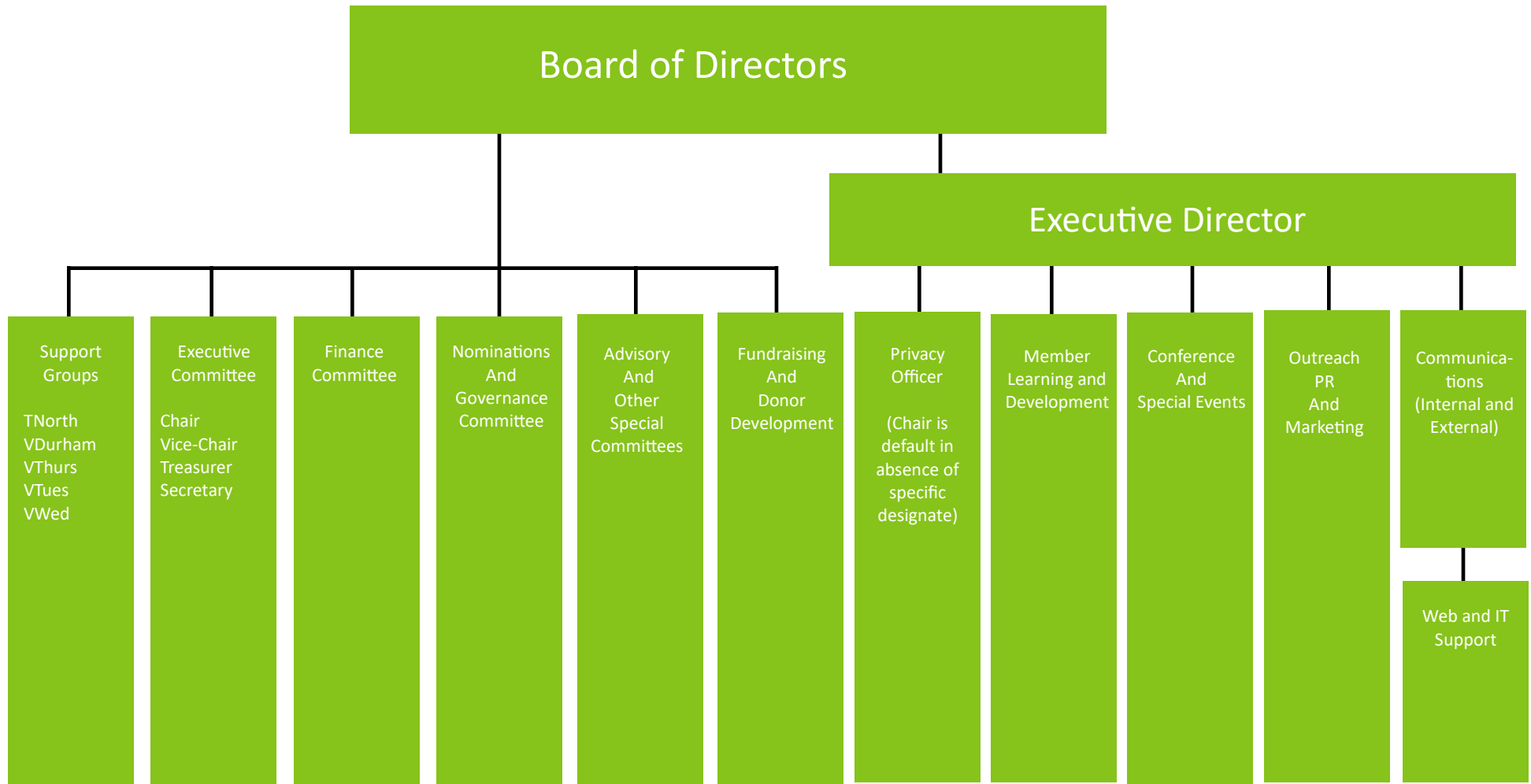
Strategic Objectives





ORGANIZATION REPORTING CHART

Current State - All Volunteer

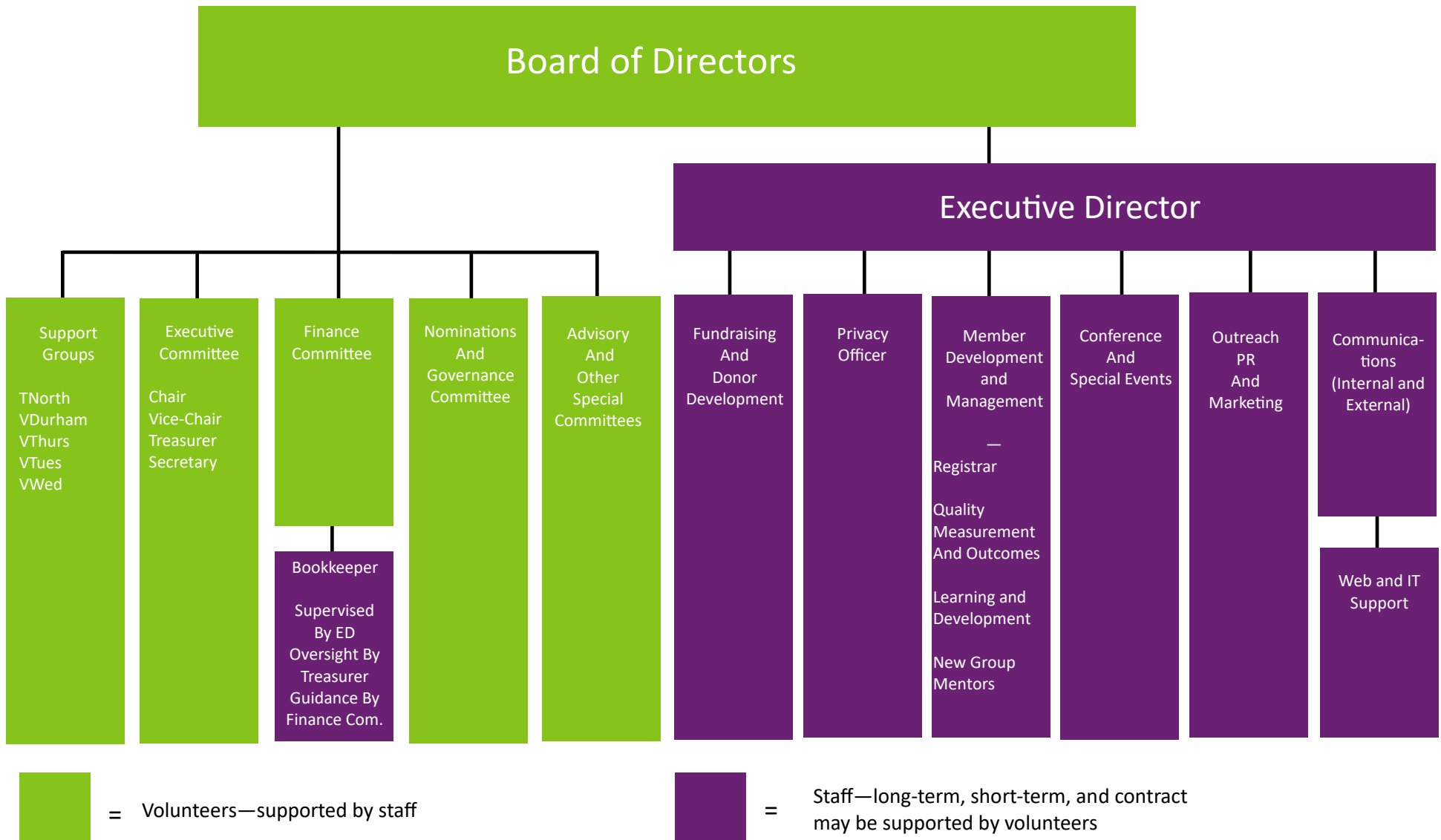


The Board of Directors is accountable to the membership, to whom it reports at the Annual General Meeting



ORGANIZATION REPORTING CHART

Effective July 21, 2025 – Staff and Volunteers



The Board of Directors is accountable to the membership, to whom it reports at the Annual General Meeting

HOPE'S Integrated Federated Organizational Structure

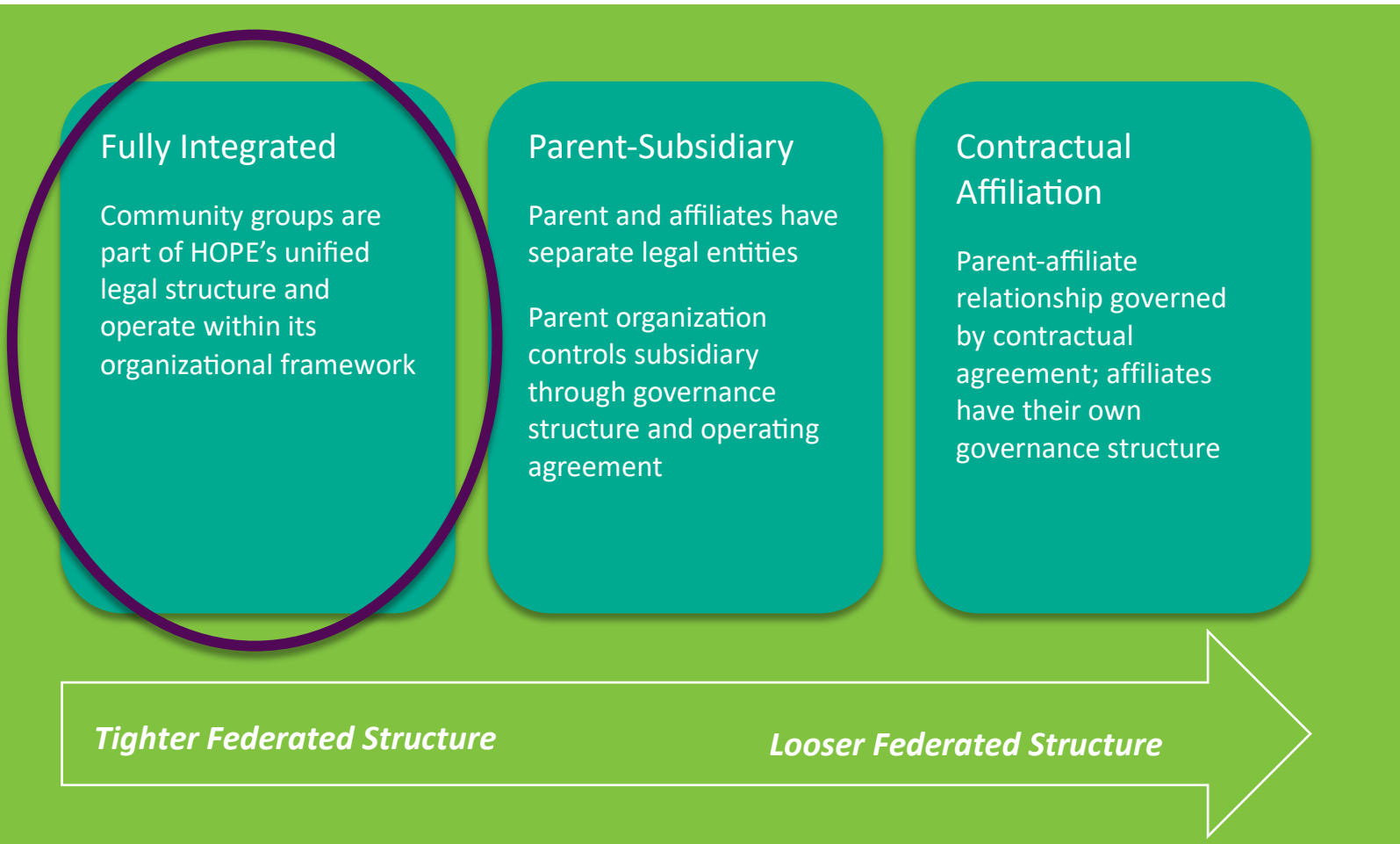
One HOPE — many groups, connected and supported through a single organizational and legal framework



- Because the organization is one legal entity, including all of its peer support groups, HOPE is defined as having an integrated federated structure. To put HOPE's federated structure in context, an illustration showing a continuum of various types of not-for-profit federated structures follows.

Continuum of Federated Organizational Structures

Drawn from a presentation by Venable LLP on July 12, 2012



> Key features of a fully integrated federated organization:

- Community groups operate within the organization's unified legal structure
- Government filings, financial oversight, insurance, materials production, public relations and outreach are centrally managed by the organization
- All activities are conducted by and in the name of the organization
- Community groups operate within a defined scope
- HOPE groups are established and overseen by the board — including the opening of new groups, support for operations, and decisions about wind-downs or transitions
- While each community group naturally develops its own personality, groups are required to operate as HOPE groups: advancing HOPE's Purposes, using HOPE materials and approaches and modelling HOPE's Values and Philosophy

HOPE's Place on the Support Group Continuum

Here are three support group models—each with strengths—and how they compare across the continuum. HOPE's approach occupies a unique space, combining lived experience with evidence-informed practices to support parents, foster connections and sustain group vitality over time.

Highly Informal

You're not alone

- Emotional connection through volunteer peer support—you are not alone
- May be spontaneously assembled or have a loosely structured format
- The quality of information may be uneven
- Focus on sharing stories; without skilled facilitators, the group may become mired in negative storytelling without balancing with solutions and coping strategies
- Lacks the structure for long-term growth and sustainability
- May slide into a top-down structure dominated by one or two individuals



Highly Formal

Evidence-informed information to effect change

- Professionally led/ guided (e.g. public health nurse, psychologist, counsellor)
- Evidence-informed
- Group may substantially lean on the professional; may be more hierarchical
- May be more challenging to sustain since the group relies on one or two leaders

HOPE draws on the best of Highly Informal and Highly Formal peer support models—a uniquely challenging spot on the continuum —combining *You are not alone* with evidence-informed skills and structure to effect change

- Peers with lived experience supporting peers at weekly, year-round meetings in a confidential, nonjudgmental environment
- Shared leadership and peer responsibility for the group with healthy succession planning fosters a collaborative, mutually supportive environment—the secret sauce to group vitality and longevity
- Consistent, validated meeting format, philosophy, and approach; *group is a model for home*
- Best practices in support group structure, governance and quality facilitation
- Solution-focused meetings; balancing story sharing, learning, and coping strategies
- HOPE supports the well-being of the parent while encouraging approaches that nurture healthy parent-child relationships and foster resilience and resourcefulness in the young person



High-Level Roadmap to Growing HOPE

01

Phase 1: Current Activities

Post-COVID Service Refinements and New Group Openings: Eight Core Model* groups

- Open four in-person groups
- Continue four virtual groups
- Updated consistent training opportunities for peer volunteers
- Robust outreach to strengthen existing community partner relationships, establish new relationships, and advance social media presence to increase partner referrals and self-referrals
- Strengthen measures and evaluation and develop elearning tool via OISE-HOPE collaboration

02

Phase 2: Scale Up

Open new core model groups across Ontario: in-person and virtual

03

Phase 3:

Consult, collaborate and open speciality groups that most easily build on core model including:

- French
- Deaf and Hard of Hearing
- Sureties
- Trafficked youth, youth in the sex trade
- Open groups in other time zones across Canada
- Brief interventions e.g., parenting skills course for parents of grade 7's

04

Phase 4:

Consult, collaborate and open speciality groups that may require significant modifications to the core model

- Indigenous
- New Canadians, Non-English speakers
- Challenging, persistent mental health diagnoses that include delusions, hallucinations, and disorganized behaviour (schizophrenia, Schizotypal Personality Disorder, Paranoid Personality Disorder, and other conditions closely related to Schizophrenia)
- Gang involved youth
- Autism spectrum

> **Our commitment is to sustain the aspects of HOPE that members value and strengthen HOPE where there are opportunities for improvement.** The rate of advancing to subsequent phases is demand and capacity-dependent, including available funding. If specific funding is available, some specialty groups may be introduced earlier than the phasing indicates.

Enhanced Infrastructure and Experience

(17 years of experience + strong governance + validated model + robust suite of proprietary resources + initial funding tranche + IT efficiencies + expanding and strengthening community relationships)



> Flywheel Model:

- Self-reinforcing momentum—gains build and accelerate over time
- Cost per group and per member drops substantially as scale increases

Given its weight, the flywheel requires considerable effort to start. Once moving, it builds momentum, enabling sustained growth with less effort. Each rotation feeds the next, creating a self-reinforcing loop of increased number of parents served, enhanced quality, and greater organizational sustainability



HOPE Annual General Meeting (AGM)
June 16, 2025
7:00 PM – 8:00 PM
Agenda

By Zoom Video Conference

1. Board Chair's Welcome and Opening Remarks
2. Motion to Approve the Agenda
3. Motion to Approve the Minutes of the 2024 AGM
4. Motion to Accept the 2025 Annual Report from the Board
5. Treasurer's Update
 - a. Motion to Accept the 2024 Financial Report
 - b. Motion to Appoint an Auditor for the 2025 Fiscal Year
6. Nominations and Elections:
 - a. Motion to elect Lynn Mahoney and Dr. Sonali Mohile
7. Introducing our New Executive Director—Mandie Abrams
8. Member Q and A
9. Adjourn



Helping Other Parents Everywhere

HOPE 2024 Annual General Meeting

June 17, 2024

7:00 PM – 8:00 PM

Minutes

By Zoom Video Conference

The list of attendees is recorded in a separate document

1. **Call to Order:** With quorum achieved, Board Chair Leanne Lewis called the 2024 Annual General Meeting to order.

Leanne welcomed attendees and offered a brief overview of highlights from HOPE's 2024 Annual Report to members. Leanne also thanked the HOPE board and all volunteers for their work over the past year.

It was noted that Danny Tam would be serving as Acting Treasurer for the AGM.

2. **Motion to Approve the AGM agenda**

Moved by Steven McNeil, seconded by Frances Ward - passed

3. **Motion to Approve the Minutes of the 2023 AGM**

Moved by David Black, seconded by Erin Burgess – passed

4. **Motion to Accept the 2023 Annual Report from the Board**

Moved by Allan Smith, seconded by Nancy Abbey – passed

5. **Treasurer's Report**

Danny Tam presented a verbal overview of the Treasurer's Report then opened the floor to members for questions, discussion ensued

6. **Motion to Accept the 2023 Financial Report**

a. Moved by Danny Tam, seconded by Carol Hornsby – passed

7. **Motion to Appoint LLG Partners LLP as Auditor for the 2024 Fiscal Year**

a. Moved by Danny Tam, seconded by Sherrie Giddings – passed

8. **Elections:** Lynn Mahoney and Nancy Abbey were up for re-election and had agreed to have their names put forward.

With both Lynn and Nancy out of the room the election took place.

Motion to elect Lynn Mahoney as Board Secretary and Nancy Abbey as Board Director for a one-year term, commencing at the conclusion of the 2024 AGM and ending at the conclusion of the 2025 AGM.

Moved by Erin Burgess, seconded by David Black

Discussion ensued. The strengths of both candidates were noted.

Motion passed

9. **Presentation: Summer 2024 Outreach Initiatives** – HOPE’s summer intern, Mia Lutz, gave a presentation on HOPE’s outreach plan for 2024 – questions were put to the floor, discussion ensued.

10. Above and Beyond Award Presentations -

Two HOPE Above and Beyond Awards were presented. As an introduction to the award presentations, Leanne provided background to attendees noting that the Above and Beyond Award is presented to individuals for exceptional service to HOPE over an extended time at both the HOPE Central and HOPE group levels, and that service has had a meaningful impact on the organization. It was also noted that the awards are not given annually; they are presented as merited.

The awards were presented to Monika Langhammer, and “dynamic duo” Steven Riddell and Mary-Rose Daigle.

11. **Member Q and A** – The floor was opened for comments and questions from attendees

12. **Adjourn** – The AGM adjourned at 7:59 PM



Annual Report to Members for the 2025 AGM

Annual Report from the Board

At HOPE, all of our activities are designed to advance our mission-based strategic objectives: enhancing the quality of the member experience, serving more families in need, and strengthening organizational sustainability.

As highlighted in the letter from the Chair on behalf of the Board, after a robust hiring process that attracted over 40 applicants, we have hired our new Executive Director — Mandie Abrams. The position was advertised within HOPE and externally through Charity Village and our partner networks. The process included two rounds of interviews and a case study. A special thank you to Allan, Leanne, and Nancy for their contributions to developing and executing a thorough and professional hiring process, with valuable assistance from Alison and Lynn.

As we prepare to welcome our new Executive Director, who will begin on July 21, we want to reassure you that the core of what you love about HOPE will remain unchanged. The friendly and welcoming atmosphere that defines our community groups will continue. With the addition of carefully vetted staff, starting with the Executive Director, we will be optimally positioned to build the capacity needed to meet the growing demands of our community.

A key goal in bringing on staff is to enhance the member experience by offering more volunteer training, workshops, and other learning and support opportunities.

Our new Executive Director will also play a crucial role in securing government and foundation funding to ensure that HOPE has the financial resources to thrive for years to come. Additionally, the ED will onboard new staff and engage volunteers to strengthen our relationships with community organizations, raise awareness about HOPE, and identify opportunities for mutual referrals.

Organizational Sustainability and Growth

Over the past year, much of our focus has been on preparing for the onboarding of staff. This included updating operations-related materials and processes — tasks that are critical but often go unnoticed. We've hired an external bookkeeper — a role diligently fulfilled up until now by Treasurer, Alison, for almost a decade — developed an employee handbook, and created a comprehensive annual action-items-at-a-glance spreadsheet to ensure that no critical tasks, such as government reporting dates, are overlooked. For a small organization, there are a surprisingly large number of critical deliverables!

We've also made significant strides in building out our HR learning and resources. Over the past year, we hired two summer staff members who assisted with communications and outreach. They also helped pressure-test our employee onboarding, oversight, and HR processes, providing valuable insights. With pro bono support from employment lawyers at Mathews Dinsdale, we learned invaluable information about employer responsibilities. We've successfully set up employee reporting systems with Revenue Canada, established a bi-weekly pay system, and strengthened our ability to manage and team-build in a hybrid work environment. The summer staff noted in their exit interviews that their time at HOPE was one of the most enjoyable and rewarding employment experiences they've had.

In terms of program expansion, we've confirmed the proof of concept for our new group opening plan, which includes hiring contract mentor facilitators to support new group launches. Our trial at Virtual Wednesday was highly successful, and we are confident that, by hiring the right personnel, we can effectively expand our services while delivering a high-quality member experience right from the start.

Risk Management and Document Organization

Our summer staff also set up a SharePoint site to securely store and manage HOPE's critical documents — such as Fresh Perspectives, training materials, and email templates — ensuring that these resources are accessible to staff and volunteers as needed and protected from loss when stored on individual computers.

Funder Development

Securing the financial resources to attract and retain excellent staff is critical to HOPE's growth and sustainability. This year, our major funder increased their total contribution to \$500,000, enabling us to move forward with hiring an Executive Director and, subsequently, support staff and contractors to help launch new HOPE groups and expand member learning opportunities. This investment provides approximately two years of financial runway, allowing us to focus on growth while maintaining high-quality support for parents. It also gives us time to gather qualitative and quantitative data to refine our programming and attract additional donors.

We are also grateful to the Peter Cundill Foundation for their generous second contribution of \$20,000, primarily dedicated to strategic outreach and PR, and to GreenShield Canada for their \$10,000 sponsorship of our Annual Conference.

Additionally, we've received support from the York Regional Police Service (\$500) and the Mandarin Foundation (\$500). While the financial support is important, this also reflects strong community confidence in HOPE's work.

With the new provincial government in place, Nancy Abbey has updated our government relations and funder outreach materials and strategy.

A sincere thank you to our member donors, whose contributions help cover group materials, events, and operational costs. Donations of all sizes are deeply appreciated, and in many ways, member-generated donations are our most valued — reflecting the direct impact HOPE has on families. We continue to prioritize using member donations to directly support the member experience.

We encourage members, friends, and relatives to donate via the donation button on HOPE's homepage, with options for "in honour of" and "in memory of" donations. Donating to HOPE via Canada Helps on a one-time or recurring basis is also an option. A number of members donate by designating their annual United Way contribution to HOPE (if you donate this way, please make sure it is to Helping Other Parents Everywhere, Charitable Number 83946 7693 RR0001, as there are a few organizations with somewhat similar names).

HOPE is well-positioned to demonstrate its value and make a strong case for substantial funder and government funding. If you have connections with government or foundations that might support HOPE's work, please reach out to Board Chair, Leanne, at leanne.lewis@hope4parents.ca.

HOPE's Annual Conference

Our 2025 Parenting Conference was another great success with almost 120 attendees. We thank GreenShield Cares for their \$10,000 sponsorship and WestJet for donating two round-trip tickets to our silent auction.

The Board extends its deepest appreciation to Conference Co-Chair Erin Burgess, Conference Major Gifts Coordinator Danny Tam, and our MC extraordinaire, Jerry Dover. The conference brought together a diverse group of parents, professionals, and community members, nourished by the heart put into preparing delicious food from Underwood's Catering and inspiring words from head chef Andrew Underwood.

Held on May 3, the conference featured Dr. Brad Reedy, Dr. Carmen Lalonde, and Karleigh Darnay, whose presentations informed, uplifted, and inspired. We also tested a new format by bringing Dr. Reedy in virtually — a cost-effective way to feature a sought-after speaker we could not have afforded to bring in person.

The strong mix of members, community partners, and funders ensured that the conference was engaging while advancing HOPE's mission across multiple fronts.

HOPE-OISE Study

The HOPE-OISE study, which began in fall 2023, is now complete. We received feedback affirming that our materials align with best practices for emerging adult development and that our peer support model is effective, while also identifying opportunities for improvement.

We are excited to share that the research abstract has been accepted for presentation at two major national conferences: the Canadian Centre on Substance Use and Addiction's Issues of Substance conference in Halifax (November) and the Canadian Psychological Association's 2025 conference in St. John's (June). These opportunities will strengthen HOPE's credibility and broaden awareness of our innovative approach to supporting parents.

Outreach and Outcomes Tracking

We're thrilled to welcome back Mia, our outstanding summer student from 2024, who helped update our contact lists and connect us with over 1,200 potential community partners, including schools, police services, and addiction services. This outreach has already led to a substantial increase in parent inquiries and agency contacts, resulting in a steady uptick in membership.

We now monitor how outreach translates to referrals and enquiries, how referrals and enquiries translate to pre-meeting orientations, in-group orientations, memberships, and ongoing engagement — valuable data to guide improvements in outreach and programming.

To support and further professionalize our outreach activities, we're updating HOPE's collateral — brochures, business cards, presentation decks, pop-up banners, and more — last refreshed in 2016. We've updated the slide ratios to 16:9 and modernized language, colours, and images.

Centennial College Storyworks – PR Follow Up

In 2024, HOPE was selected for Centennial College's Storyworks program. Seven enthusiastic post-grad PR students developed a multi-media membership drive and awareness campaign, "When parents are not okay, there is HOPE," which launched on June 1 — UN's Global Day of Parents.

The campaign helped HOPE launch its social media presence and build media awareness, leading to interviews on York Region's Connecting the Community podcast and Breakfast Television. On May 21, the students won gold at the CPRS Ace Awards for the campaign.

This partnership exemplified HOPE's mission in action: supporting the students' professional growth while expanding HOPE's reach. We invite you to see photos from their awards night on HOPE's social media — and we encourage you to follow us on Instagram and Facebook @hope4parents!

Member Training and Development

Later this year, we will launch Fresh Perspectives 2.0, incorporating updates informed by the HOPE-OISE study to align with best practices for emerging adult development. We're refreshing member training assets as well and will be offering refreshed member training in the coming months.

We're also expanding member education by partnering with community professionals. Helping Out People Earnestly, a Burlington-Hamilton-based group of therapists, recently delivered a well-attended webinar on encouraging young people to engage in therapy — a strong first step toward offering more community partner webinars in the future.

Nominations and Governance

This year, we focused heavily on developing HR materials to prepare for onboarding new staff. As you'll see later in the motions, Lynn Mahoney is standing for re-election as HOPE's Secretary, and we are pleased to introduce Dr. Sonali Mohile as a new board candidate.

HOPE Social

At HOPE, we know how much members value the connections they build with one another. This past September, we were delighted to host our second annual post-COVID social event — a wonderful opportunity for members to reconnect and build community in a relaxed setting. We're already looking ahead and planning another social event for fall 2025. We hope to see many of you there!

In Closing

We are thrilled to have reached a major milestone with the hiring of HOPE's first full-time Executive Director! This marks an exciting new chapter in HOPE's growth, and rest assured — the welcoming spirit and supportive environment that make HOPE so special will remain at the heart of everything

we do. With the addition of carefully selected staff and a scalable, sustainable organizational model, we are confident that HOPE is well-positioned to grow and strengthen our ability to serve members and families in the years to come.

We look forward to introducing our new Executive Director at the AGM — and we hope to see you there!

Together, we are building the future of HOPE.

Motion to Accept the 2025 Annual Report from the Board

Motion

The HOPE membership accepts the 2025 Annual Report from the Board.

Financial Report
—
Independent Auditor's Report
—
Financial Statements

Financial Report

A look at HOPE's financial stewardship and the foundation for our future growth.

Income Statement

Revenue

- Receipted donations were up \$43,000, with \$41,000 of that increase coming from 2 donations from the Peter Cundill Foundation.
 - Peter Cundill Foundation funds charities that are working to improve the lives of children in a variety of different ways. While we work directly with parents, it's a straight line back to the lives of the children in their lives.
- Non-receipted donations were made of three key components:
 - \$4,500 from fundraising at the HOPE Conference, and
 - \$5,000 foundation donation in support of the conference
 - \$5,665 in United Way Donations through employee donations & recurring gifts via Canada Helps
- Conferences are back as we started in person conference gathering last year, netting us increased revenue
 - Our Silent Auction raised \$4,900, and
 - Registrations made up the remaining \$6,500
- Primarily as a result of the large donation in 2022, positioning us to get ready for expansion, we earned interest in excess of \$13,000
- Finally, aggressive marketing of HOPE and our conference by our member, Danny Tam, earned us a \$10,000 Gold Sponsorship from Greenshield Cares

Expenses

- Expenses grew as HOPE increased its impact:
 - We had 2 part time employees who helped us with our conference, pulling together all our materials, undertaking outreach and other duties
 - As a result of being back to in person meetings in Toronto North and hosting the conference we incurred rental expenses

- Foundations binder costs declined as we had inventory from the previous year
- Most other expenses showed no material change

Balance Sheet

Assets

- Our cash position remains strong; due to the significant (250k) donation in 2022; the \$40k donation from the Cundill Foundation and prudent management of our resources
- Prepaid expenses reflect D&O and Liability insurance and deposit for 2025 Conference catering
 - **Catering Deposit: \$2,400**
 - **Insurance: Director and Commercial Liability**

Liabilities

- Accounts Payable primarily represents
 - Audit fees for 2024 of \$4.1k (Incl. HST)
 - Balance being costs for outreach material, property rental, Zoom Licenses, Communication, shipping expenses (all properly reflected in the income statement but not submitted 'til year-end)



March 24, 2025

LG Partners LLP
Chartered Professional Accountants
325 Renfrew Drive, Suite 202
Markham, Ontario
L3R 9S8

This representation letter is provided in connection with your audit of the financial statements of Helping Parents Everywhere (HOPE) Inc. ("HOPE") for the year ended *December 31, 2024*, for the purpose of expressing an opinion as to whether the financial statements are presented fairly, in all material respects, in accordance with Canadian accounting standards for not-for-profit organizations.

In making the representations outlined below, we took the time necessary to appropriately inform ourselves on the subject matter through inquiries of entity personnel with relevant knowledge and experience, and, where appropriate, by inspecting supporting documentation.

We confirm that (to the best of our knowledge and belief):

1. Financial Statements

We have fulfilled our responsibilities as set out in the terms of the audit engagement dated December 31, 2024 for:

- a. Preparing and fairly presenting the financial statements in accordance with Canadian accounting standards for not-for-profit organizations.
- b. Providing you with:
 - i. Access to all information of which we are aware that is relevant to the preparation of the financial statements, such as:
 - A. Accounting records, supporting data and other relevant documentation,
 - B. Minutes of meetings (such as shareholders, board of directors and audit committees) or summaries of actions taken for which minutes have not yet been prepared, and
 - C. Information on any other matters, of which we are aware, that is relevant to the preparation of the financial statements;
 - ii. Additional information that you have requested from us for the purpose of the audit; and
 - iii. Unrestricted access to persons within the entity from whom you determine it necessary to obtain audit evidence.
- c. Ensuring that all transactions have been recorded in the accounting records and are reflected in the financial statements; and
- d. Designing and implementing such internal control as we determined is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. We have also communicated to you any deficiencies in the design and implementation or the maintenance of internal control over financial reporting of which management is aware.

2. Fraud and Non-Compliance

We have disclosed to you:

- a. All of our knowledge in relation to actual, alleged or suspected fraud affecting the entity's financial statements involving:
 - i. Management;
 - ii. Employees who have significant roles in internal control; or
 - iii. Others where the fraud could have a material effect on the financial statements;
- b. All of our knowledge in relation to allegations of fraud or suspected fraud communicated by employees, former employees, analysts, regulators or others;
- c. All known instances of non-compliance or suspected non-compliance with laws and regulations, including all aspects of contractual agreements that should be considered when preparing the financial statements;
- d. All known, actual, or possible litigation and claims that should be considered when preparing the financial statements; and
- e. The results of our risk assessments regarding possible fraud or error in the financial statements.

3. Related Parties

We have disclosed to you all known related parties and related party transactions, including transactions for no consideration for the year ended December 31, 2024, as well as related balances due to or from such parties at the year end.

4. Estimates

We acknowledge our responsibility for determining the accounting estimates required for the preparation of the financial statements in accordance with, in accordance with Canadian accounting standards for not-for-profit organizations. Those estimates reflect our judgment based on our knowledge and experience of past and current events, and on our assumptions about conditions we expect to exist and courses of action we expect to take. We confirm that the methods, significant assumptions and the data used by us in making accounting estimates and related financial statement disclosures, including those measured at fair value, are appropriate to achieve recognition, measurement or disclosure that is in accordance with, in accordance with Canadian accounting standards for not-for-profit organizations.

5. Subsequent Events

All events subsequent to the date of the financial statements and for which, in accordance with Canadian accounting standards for not-for-profit organizations requires adjustment or disclosure have been adjusted or disclosed.

6. Commitments and Contingencies

There are no commitments, contingent liabilities/assets or guarantees (written or oral) that should be disclosed in the financial statements. * This includes liabilities arising from contract terms, illegal acts or possible illegal acts, and environmental matters that would have an impact on the financial statements.

7. Adjustments

We have reviewed, approved and recorded all of your proposed adjustments to our accounting records. This includes journal entries, changes to account coding, classification of certain transactions and preparation of, or changes to, certain accounting records.

Yours truly,

A handwritten signature in black ink, appearing to read 'Alison Williams', with a long horizontal flourish extending to the right.

Alison Williams, Treasurer
Helping Parents Everywhere (HOPE) Inc.

A handwritten signature in blue ink, appearing to read 'Leanne Lewis', with a long horizontal flourish extending to the right.

Leanne Lewis, Chair
Helping Parents Everywhere (HOPE) Inc.

Allan Smith

Allan Smith, Vice President
Helping Parents Everywhere (HOPE) Inc.

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Financial Statements

December 31, 2024

	Contents
Independent Auditors' Report	1-2
Financial Statements	
Statement of Financial Position	3
Statement of Changes in Net Assets	4
Statement of Revenue and Expenditures	5
Statement of Cash Flows	6
Notes to Financial Statements	7-10

Independent Auditors' Report

To the Members of
Helping Other Parents Everywhere (HOPE), Inc.:

Opinion

We have audited the accompanying financial statements of Helping Other Parents Everywhere ("HOPE"), Inc., which comprise the statement of financial position as at December 31, 2024, and the statement of revenues and expenditures, statement of changes in net assets and cash flow statement for the year then ended, and a summary of significant accounting policies and other explanatory information.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of HOPE as at December 31, 2024, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditor's Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of HOPE in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibility of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing these financial statements, management is responsible for assessing HOPE'S ability to continue as a going concern, disclosing, as applicable, matters related to a going concern and using the going concern basis of accounting unless management either intends to liquidate HOPE or to cease operations, or has no realistic alternative to do so. Those charged with governance are responsible for overseeing HOPE'S financial reporting process.

Auditor's Responsibility for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness HOPE'S internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on HOPE's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause HOPE to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Markham, Ontario
March 24, 2025

LG PARTNERS LLP
Chartered Professional Accountants and
Licensed Public Accountants



HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.
Statement of Financial Position

As at December 31	2024	2023
	\$	\$

Assets**Current assets**

Cash and cash equivalents	333,615	285,772
Amounts receivable (Note 3)	162	365
HST receivable	4,662	3,700
Prepaid expenses	4,758	6,243
	<hr/>	<hr/>
	343,197	296,080

Liabilities and Net Assets**Current liabilities**

Accounts payable and accrued liabilities	11,505	4,246
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Net assets


Accumulated surplus - unrestricted	331,692	291,834
	<hr/>	<hr/>
	343,197	296,080

See accompanying notes

Approved on behalf of the board:



Director



Director

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.
Statement of Changes in Net Assets

For the year ended December 31	2024	2023
	\$	\$
Accumulated surplus, beginning of year	291,834	279,374
Excess of revenue over expenditures	39,858	12,460
Accumulated surplus, end of year	331,692	291,834

See accompanying notes

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Statement of Revenue and Expenditures

For the year ended December 31	2024	2023
	\$	\$
Revenue		
Donations - receipted	45,562	2,208
Donations - non-receipted	15,164	1,240
Membership fees	3,535	4,370
Conference fees	11,383	-
Interest income	13,259	7,761
Other income	10,000	13,012
	98,903	28,591
Expenditures		
Wages and salaries	24,477	-
Rental expenses	15,429	928
Office and general	4,027	2,132
Professional fees	3,940	3,650
Foundations binders	2,529	4,898
Telephone	2,472	798
Insurance	2,384	2,135
Guest speaker fee	1,800	-
Meal and entertainment	1,002	-
Information technology	985	1,590
	59,045	16,131
Excess of revenue over expenditures	39,858	12,460

See accompanying notes

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Statement of Cash Flows

For the year ended December 31	2024	2023
	\$	\$
Cash Flow from (used in) Operating Activities		
Excess of revenue over expenditures	39,858	12,460
Changes in working capital balances related to operations:		
HST receivable	(962)	(1,956)
Amounts receivable	203	(320)
Prepaid expenses	1,485	(2,727)
Deferred contributions	-	(13,000)
Accounts payable and accrued liabilities	7,259	234
Increase (decrease) in cash during the year	47,843	(5,309)
Cash and cash equivalents, beginning of year	285,772	291,081
Cash and cash equivalents, end of year	333,615	285,772

See accompanying notes

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Notes to Financial Statements

For the year ended December 31, 2024

1. Nature of Organization

The Organization is a parent run, non-profit network of community groups offering hope, encouragement, resources and education in a safe, confidential and supportive environment. HOPE offers support and self-help for parents who are troubled by behaviours of their teen or adult children. HOPE groups operate in Durham East, Durham West, Toronto Downtown, Toronto North, Belleville and Virtually across Ontario.

HOPE was incorporated without share capital on September 9, 2008 by Letters Patent under the Canada Corporations Act.

HOPE is a registered charity under the Income Tax Act (Canada) (the "Act") and, as such, is exempt from income taxes and is able to issue donation receipts for income tax purposes.

2. Significant Accounting Policies

Basis of Accounting

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations as contained in Part III of the Chartered Professional Accountants Canada ("CPAC") Handbook. To the extent Part III of the CPAC Handbook does not address certain matters applicable to the Organization; it will use accounting standards for private enterprises contained in Part II of the CPAC Handbook.

Revenue Recognition

The Organization follows the deferral method of accounting for contributions, which include donations and contributions for various activities and programs. Unrestricted contributions are recognized as revenue when received or receivable, if the amount to be received can be reasonably estimated and collection is reasonably assured. Unrestricted donations are recognized as revenue when received since pledges are not legally enforceable claims. Externally restricted contributions are recognized as revenue in the period in which the related expenses are incurred. Revenue from conference, community groups and membership fees are recognized when earned. Interest income is recognized on an accrual basis when it is earned through the bank. Other income, which includes miscellaneous sources of revenue not attributable to the primary business activities of the Organization, is recognized when it is earned and collection is reasonably assured.

Cash and Cash Equivalents

The company considers all highly liquid investments to be cash equivalents. Cash equivalents are stated at cost plus accrued interest, which approximates fair value.

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Notes to Financial Statements

For the year ended December 31, 2024

2. Significant Accounting Policies (continued)

Capital Assets

The Organization follows the limited application of section 4431, "Tangible Capital Assets Held by Not-for-Profit Organizations," of the CPAC Handbook, in paragraph 4431.38 as the average of annual revenues recognized in the financial statements for the current and preceding year is less than \$500,000. Capital assets are expensed when acquired. The amount expensed and included in Information technology expense in the current year is \$0 (2023 - \$0).

Contributed Services

Volunteers contribute extensive time and effort to assist the Organization in carrying out its activities. In addition, some of the community groups are provided with meeting rooms from local community facilities at no charge. Because of the difficulty in determining fair value, contributed materials and services are not recognized in the financial statements.

Measurement Uncertainty

The preparation of financial statements in conformity with Canadian accounting standards for non-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting period. Management reviews these estimates periodically, which include accruals and as adjustments become necessary they are reported in the period in which they become known. Actual results may vary from the current estimates.

Financial Instruments

The Organization initially measures its financial assets and liabilities at fair value.

The Organization subsequently measures all its financial assets and financial liabilities at cost or amortized cost.

Financial assets measured at cost or amortized cost include cash and amounts receivable.

Financial liabilities measured at cost or amortized cost includes accounts payable and accrued liabilities.

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Notes to Financial Statements

For the year ended December 31, 2024

2. Significant Accounting Policies (continued)

Impairment of Financial Instruments

Financial assets measured at cost are tested for impairment when there are indicators of impairment. The amount of the write-down is recognized in the statement of operations. The previously recognized impairment loss may be reversed to the extent of the impairment, directly or by adjusting the allowance account, provided it is no greater than the amount that would have been reported at the date of the reversal had the impairment not been recognized previously. The amount of the reversal is recognized in the statement of revenue and expenditures.

3. Amounts Receivable

Amounts receivable are due from the 'second family member' registration fees. These amounts have been subsequently received and therefore there are no impaired amounts or related allowances as at December 31, 2024 (2023 - \$0).

4. Related Party Transactions

Transactions between the Organization and the board members are considered to be related party transactions. These transactions are in the normal course of operations and are measured at the exchange amount, which is the amount of consideration established and agreed to by the related parties.

During the year cash was donated to the Organization by a related party of the board with an exchange amount of \$145 (2023 - \$0).

At yearend accounts payable of \$6,898 (2023 - \$0) were outstanding to a related party of the board. The balance has arisen in the normal course of the Organization's operations and was paid subsequent to yearend.

HELPING OTHER PARENTS EVERYWHERE (HOPE), INC.

Notes to Financial Statements

For the year ended December 31, 2024

5. Financial Instruments

The Organization is exposed to various risks through its financial instruments. The following analysis provides a measure of the Organization's risk exposure at the balance sheet date, December 31, 2024:

Credit Risk

Credit risk is the risk of a loss if counterparty to a financial instrument fails to meet its contractual obligations. The Organization is exposed to credit risk from its cash balance. To manage this risk, the Organization maintains its account with credit worthy financial institutions.

Interest Rate Risk

Interest rate risk is the risk that the value or future cash flows of a financial instrument might be adversely affected by a change in the interest rates. In seeking to minimize the risks from interest rate fluctuations, the Organization manages exposure through its normal operating and financing activities. The Organization is not exposed to interest rate risk as it does not have any interest bearing financial instruments.

Liquidity Risk

Liquidity risk is the risk that the Organization will encounter difficulty in meeting obligations associated with the settlement of its financial liabilities. The Organization manages liquidity risk by maintaining sufficient cash on hand to settle obligations as they arise. The Organization is not subject to any significant liquidity risks arising from its financial instruments.

Motion to Accept the 2025 Financial Report

Motion

The HOPE membership accepts the 2025 Financial Report

Background

The 2025 Financial Report has been audited. The audited statements are included in this package.

Motion to Appoint the Auditor for 2025

Motion: The HOPE membership appoints LG Partners LLP as the Auditor for the 2025 fiscal year.

Background

Given HOPE's financial position, Canada's Not-for-profit Act requires that an audit of the 2025 books be undertaken.

HOPE's membership first appointed LG Partners LLP as HOPE's auditor for the 2011 fiscal year and they have been HOPE's auditor every year since that time. The HOPE Board has consistently found LG's audit services to be thorough and value priced for the required professional services rendered.

Over time governance specialists have offered different schools of thought as to how often an auditor should be changed. Current thinking leans toward maintaining an auditor as long as the organization has confidence in that auditor, especially given that there is a significant up front cost in engaging a new auditor since they have to familiarize themselves with the operation. The HOPE Board recommends staying with our current auditor.

In recent years HOPE's Treasurer has investigated the possibility of engaging an accounting firm to conduct a pro bono audit and has concluded that option is not currently available to HOPE.

Board Member Elections

This year, two board members are up for election.

Lynn Mahoney - Re-election - Board Secretary

Background

Lynn has served as HOPE Secretary since the June 2024 AGM. Lynn has been an invaluable resource and advisor during her term of service.

Lynn is a former partner in the Advocacy Department of Gowling's Toronto office. Lynn has acted as counsel in many large public inquiries and high-profile independent reviews, including the public consultation and literature review that resulted in the landmark 2008 report, *The Roots of Youth Violence*. Lynn has also served as Board Chair of Blue Door Shelters.

Lynn would be elected for a one-year term starting at the adjournment of the 2025 AGM and running to the adjournment of the 2026 AGM.

In accordance with the terms of HOPE's By-laws, Lynn is eligible for re-election.

Dr. Sonali A. Mohile -Election – Director

Dr. Sonali A. Mohile was appointed to the HOPE Board by the Board of Directors at the September 23, 2024, board meeting. The Board recommends that the membership elect Dr. Mohile at the 2025 Annual General Meeting for a two-year term, commencing at adjournment of the 2025 AGM and concluding at the adjournment of the 2027 AGM.

Background

Over the past 14 years, Dr. Mohile has been serving the Uxbridge community as a general paediatrician, providing both primary and referral care. Through this work, she recognized the significant need for physicians specializing in developmental disorders. In response, she pursued continuing education in ADHD and Autism, gaining advanced training. In recent years, she has served as an associate at Grandview Children's Centre, where she conducts Autism assessments for Five Counties Children's Centre in Lindsay.

Working closely with children and their families, Dr. Mohile has witnessed firsthand the critical importance of family education. Alongside her nursing colleagues, she developed informational posters on topics such as immunizations, common illnesses, and medical facts, and delivered presentations to local parent groups.

As her focus on developmental and mental health deepened, Dr. Mohile further appreciated the broad impact these issues have on entire families. Her personal experience raising three children has given her additional insight into the complex emotional dynamics within families.

Motivated to find better ways to support parents and caregivers, Dr. Mohile firmly believes that providing accessible resources and education can have a meaningful impact on both families and children. Along with a clinic colleague, she explored new ways to extend support beyond the limitations of traditional appointment times. This search led her to discover HOPE.

Following her attendance at HOPE's Annual Parenting Conference in May 2024, Dr. Mohile was deeply inspired by the organization's work. Conversations with parents reinforced her belief in the power of shared experiences and peer support. She reflects that while children do not come with a guidebook, organizations like HOPE can provide a much-needed light during challenging times.

In the words of Kofi Annan, "Knowledge is power. Information is liberating. Education is the premise of progress, in every society, in every family." Dr. Mohile is passionate about advancing this vision through her work with HOPE and is honoured to be considered for a position on the HOPE Board.

Motion

The HOPE membership elects Lynn Mahoney (Secretary) to a one-year term, commencing at the adjournment of the 2025 AGM and concluding at the adjournment of the 2026 AGM.

and

The HOPE membership elects Dr. Sonali Mohile (Director) to a two-year term, commencing at adjournment of the 2025 AGM and concluding at the adjournment of the 2027 AGM.

Thank You to Our Generous Supporters!

- Anonymous Donor for their generous investment enabling HOPE to focus on maintaining high-quality support for parents
- The Peter Cundill Foundation for their generous second contribution supporting strategic outreach and PR to reach more parents in need
- To The Government of Canada's Social Sciences and Humanities Research Council and the University of Toronto (OISE) for supporting a study of HOPE's programming, materials and outcomes
- GreenShield Canada for their sponsorship of our Annual Conference
- York Regional Police Service supporting member resources
- The Mandarin Charitable Foundation for their support of updates to our core material—Fresh Perspectives 2.0
- WestJet Airlines for the donation of 2 round-trip tickets to our silent auction

A sincere thank you to our member donors, whose contributions help cover group materials, events, and operational costs. We continue to prioritize using member donations to directly support the member experience.



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sciences humaines du Canada



Youth CI



